



CITY OF DURHAM
Durham Parks and Recreation
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PUBLIC SERVICE ANNOUNCEMENT



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Parks and Recreation Department

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Building a Movement for Play: Non-Profit Organization KaBOOM!

Names Durham Among 217 "Playful City USA" Communities

- Communities Recognized for Prioritizing Play for Children -

Durham, N.C. – Durham Parks and Recreation has been recognized as a 2013 Playful City USA community by KaBOOM! for the fifth year in a row. The award was given to 217 cities and towns for their efforts to increase play opportunities for children.

Sponsored by the Humana Foundation, Playful City USA is a national program from KaBOOM! that celebrates and promotes local policies that increase play opportunities for children and is a key platform in combating the lack of play among children.

KaBOOM!, the national non-profit organization dedicated to saving play, created Playful City USA in 2007 to help local governments address the play deficit and it is through mayors, city council members, parks and recreation departments, school districts and community leaders that the program succeeds in benefitting children.

Durham was selected for its outstanding dedication to play. In 2012, Durham constructed a new playground and renovated three existing playgrounds. The city also spent the past year focusing on data collection and community input for the creation of a parks and recreation master plan. The plan will help the city for the next 10 years to renovate spaces, build new spaces and guide programming.

Today's generation of children play less than any previous generation despite the vast benefits of play. The *Journal of the American Academy of Pediatrics* reports that play is essential to the social, emotional, cognitive and physical well-being of children.

"Kids need to play actively, every day, at home, in school and in their communities, yet play is disappearing," said Darell Hammond, Founder and CEO of KaBOOM! and author of *The New York Times* Best Seller [*KaBOOM!: A Movement to Save Play*](#). "Children spend nearly eight hours a day in front of a screen; almost half of all poor students are deprived of recess; and to make matters worse, only one in five children live within walking distance of a park. Playful City USA communities like Durham are creating innovative programs and initiatives and deserve recognition because of their efforts to give kids the childhood they deserve and best prepare them for their future."

Each of the 2013 Playful City USA communities demonstrated creative commitments to addressing the lack of play among children. Playful City USA celebrates and highlights these unique initiatives developed by communities across the country. A primary goal of Playful City USA is to encourage cities and towns to share ideas, concepts and programs in an effort to increase play opportunities for children.

"It is our mission to provide opportunities for the Durham community to Play More," said Rhonda Parker, director of Durham Parks and Recreation. "We recognize that outdoor recreation is essential to the social, physical and mental health of our community."

The 217 Playful City USA communities are now eligible for \$15,000, \$20,000 and \$30,000 grants via Let's Play, a community partnership led by Dr Pepper Snapple Group to get kids and families active nationwide. Grant recipients will be announced in the fall.

For more information on the KaBOOM! Playful City USA program, including Let's Play grants and applications for 2014, visit www.playfulcityusa.org.

About Durham Parks and Recreation

Durham Parks and Recreation provides opportunities for the Durham community to "Play More." Guided by the City's Strategic Plan, we strive to help residents discover, explore and enjoy life through creative and challenging recreational choices that contribute to their physical, emotional and social health. To learn more about Durham Parks and Recreation, visit www.DPRPlayMore.org or call (919) 560-4355.

About KaBOOM!

KaBOOM! is the national non-profit dedicated to giving kids the childhood they deserve by bringing play to those who need it most. Children today spend less time playing outdoors than any previous generation, a fact that is having disastrous consequences on their health, achievement levels, and overall well-being. Social entrepreneur Darell Hammond founded non-profit KaBOOM! in 1996 in Washington, D.C. with a vision of creating a great place to play within walking distance of every child in America because children need to play actively every day at home, in school and in their communities. Since then, KaBOOM! has mapped over 90,000 places to play, built more than 2,200 playgrounds, and successfully advocated for play policies in hundreds of cities across the country. KaBOOM! also provides communities with online tools to self-organize and take action to support play on both a local and national level. Hammond chronicles the founding of the organization and the importance of the cause of play in his *The New York Times* Best Seller [*KaBOOM!: A Movement to Save Play*](#), now out in paperback. The book details how businesses and communities can work together to save play for children across the country. All author proceeds support KaBOOM!. Headquartered in Washington, D.C., KaBOOM! also has an office in San Mateo, Calif. For more information, visit www.kaboom.org.

About the Humana Foundation

The Humana Foundation was established in 1981 as the philanthropic arm of Humana Inc., one of the nation's leading health care companies. Located in Louisville, Ky., the site of Humana's corporate headquarters, the Foundation's mission is to promote healthy lives and healthy communities. The Foundation's key funding priorities are childhood health, intergenerational health, and active lifestyles. For more information, visit www.humanafoundation.org.

Humana and the Humana Foundation are dedicated to Corporate Social Responsibility. Our goal is to ensure that every business decision we make reflects our commitment to improving the health and well-being of our members, our associates, the communities we serve, and our planet.